The Heat is Coming

Higher temperature is on its way! And NOW is the time to prepare yourself for how you will handle the summer heat! Some of you will be exposed to long days in the heat and humidity will be high at times! So what's the answer to keeping you safe and making it through the hot days?

HYDRATE, HYDRATE, HYDRATE

You should be drinking water or other fluids every 15 – 20 minutes. Cool water should be your main source of hydration. Sports drinks (i.e. Gatorade, PowerAde, etc.) and coconut water are good for restoring electrolytes. Fresh fruits and juices are also a good option. Beverages to avoid include coffee, sodas, and alcohol which contain diuretics and will cause you to become dehydrated.

Some of the symptoms of dehydration include increased thirst, dry mouth, swollen tongue, inability to sweat, weakness, dizziness, and decreased urine output. If you experience any of these symptoms you should immediately take a break and rehydrate. We have packets of PowerAde/Gatorade that we can get you at any time.

Scott Holbrook

Loss Control Manager

308-325-1344

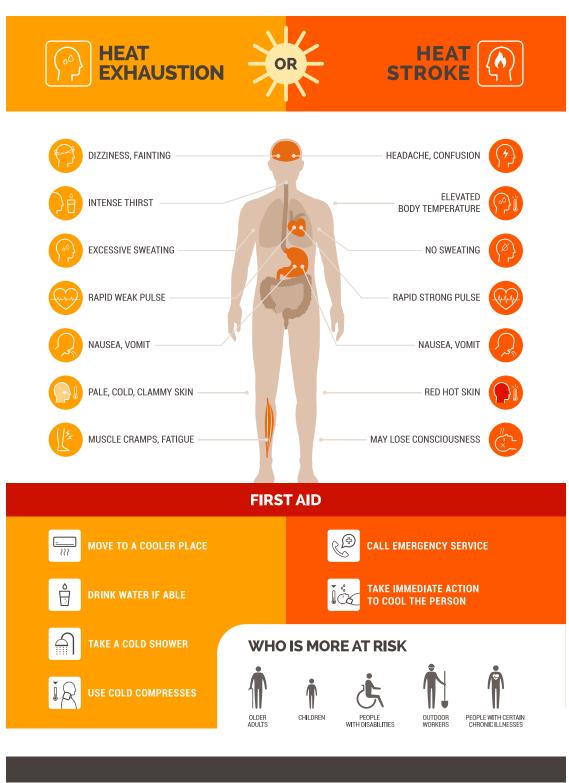
sholbrook@paulseninc.com

GET ACCLIMATED

Don't expect your body to be used to the high temperature if you have not slowly worked yourself into preparing for the hot days. Wear Light-colored, loose-fitting and lightweight clothing if possible. Natural fiber clothing such as cotton is always a good choice because it's breathable and absorbs moisture well. Moisture-wicking clothing is also a smart option because it draws the sweat off your body. Take breaks in the shade whenever you have a chance.

KNOW THE SIGNS OF HEAT-RELATED SYMPTOMS

Heat stress, heat rash, heat cramps, heat exhaustion, and heatstroke are all heat-related illnesses that can occur at the construction site. Headache, nausea, dizziness, weakness, thirsty, heavy sweating or no sweating are all signs that could lead to serious conditions. Be aware of your conditions as well as those other workers around you!



Building Tim Dean

This summer will be remembered as the summer of schools. The Building Department is currently working on seven school buildings.

Ross Collins is getting started on the new addition to Eustis Farnam Schools. The addition will include a new preschool, kindergarten, and administration offices.

Dan Niles is working on several fronts at Cozad High School. The shell of the gymnasium, locker rooms, and administration offices have been erected. The crews have moved inside and are feverishly working on the summer remodel of several classrooms.

Jeff Pickinpaugh and crew have made their annual pilgrimage to North Platte and are finishing up paving for Holy Spirit Catholic Church. Once completed the crew will head back to Cozad to complete paving at the east side of the elementary.

As always, the list of work for this crew continues to grow all season long.

Shane Schutte continues to balance three additions to three different schools for Lexington Public Schools. All three additions are scheduled to be completed before school this fall

Dan Schwarz has the west addition to Cozad elementary closed in and in route to a fall finish. Demolition of the old annex building at the elementary is complete, and work is set to begin on the east addition to the elementary.

Tim Hemmingson has demolition underway at Ansley Public Schools. This is yet another school that is set to be completed before school this fall.

As always continue to work safely and efficiently.

Dave Neill

Paving

Well, it is the middle of June and we are getting too much rain. The weather has gotten us behind a little, so hopefully we will get some nice weather. We need to just keep doing the best that we can and we will catch up.

Justin, Don, Steve, and crew have all but finished up with the whitetopping from Ogallala to Roscoe. Despite the rainy weather during most of the project, they managed to finish up the project on time. They will now move to the Columbus project for a three-year job that we are going to try to do about 50% this year. It is going to be a challenge, but I am sure everybody will do their best. It will be an interesting job with a lot of moving parts.

Darrell, Mike, Sam, and Crew are still in Valentine for another month. The Valentine state job is finally finished. I have heard many compliments on the workmanship, as it really did dress up the downtown businesses. We have started on the Valentine taxiway and are about 75% done with the job. They have all but 200 ft. of the taxiway done. They need to finish up all the connectors and the apron work, and they will be done with that project. The Valentine city job has been started with the subcontractor (Rutjens Construction) laying all the pipe and building the drainage boxes so we can then start paving the streets. I am sure everybody will be thrilled when we get out of Valentine. They will be going to North Platte then to start on a two-year state project. The state job is on Jeffers Street from Leota to 1st Street. It is by far one of the busiest streets in North Platte with many businesses along the project. This job will be done one-half at a time with traffic on our other side. They will finish up the year there.

Cesar and his crew have finished the Cozad city job and the Broken Bow Airport. They are now moving to the Aurora taxiway where they will replace part of the existing apron and build a new 4,300 ft. taxiway. It will be an interesting job to do the construction while still leaving the airport open. They will be there until late fall.

Gary Wendt and Logan have finished up with the Ogallala project, Broken Bow Airport, and 95% of the Valentine Airport. They will be going to Columbus and Aurora to keep these projects moving along. They have been plenty busy so far with all the contractor staking in Valentine, Ogallala, Broken Bow, Columbus, and Aurora If you need to know the shortest route to go to any of these places give them a call and they will help you.

Jed, Mike, and I would like to compliment everybody on their work under some very trying times due to weather. We still have a lot of work to do for the rest of the year. If you need anything from us just pick up the phone and call.

We would like to welcome Tony Steffensmeier to Paulsen, Inc. He will be the quality control person for testing the concrete for the Columbus project. Yes, this is Mike's younger brother but don't hold this against him. If you are ever in a bar you would pick Tony as your back-up man.

If any of you know anyone that would like to work for us, just let your supervisor know and we can get them signed up. We again need to work safely so everyone goes home at night without any injuries or accidents. Thanks again for everything you do to make Paulsen, Inc. the BEST CONTRACTOR IN THE STATE!!!

Gravel Kelly McCoy

We have been busy in the Gravel division so far and I don't see it slowing down any time soon. We have been fortunate that the 90 - 100 degree days have not hit yet, but when they do, let's make sure we are taking care of ourselves and drinking plenty of water.

Pit Updates

Elm Creek: Trying to keep up with county work for Phelps, Harlan, and Buffalo, along with Long Island Redi-mix, B and B Redi-mix, Paulsen Redi-mix in Holdrege, and all local customers.

Lexington: We have been hauling 3A to Elm Creek for a micro surfacing job, up to the Redi mix plant, roofing gravel to North Platte to the new packing plant, lots of ballast rock to the Lincoln area, working on county maps, and local customers.

Cozad: We have been pumping pre-crush for asphalt so when they show up in July we are ready for them. Driver is working on county maps, hauling into Redi-mix plants and local customers.



Hauling 800 ton ballast rock to Costco in Lincoln

Gothenburg: We have been pumping road gravel all year to stay ahead of all the material coming out that Dawson, Lincoln, Frontier, Custer, and what other counties sneak in. Looks like in the next week we will be switching over to 47B. Drivers have been doing county maps, hauling north of Maxwell to the new golf course, delivering to local customers, and helping out at other locations.

North Platte: We have been switching back and forth from road gravel to 47B. Drivers have been hauling into Redi-mix, local customers, Maxwell golf course, helping out at Ogallala, and doing windrow jobs for the state.

Ogallala: Finally finished pumping course 47B for the Ogallala to Rosco Hwy 30 job. Now on to road gravel. Drivers have been busy hauling up to the Redi-mix plant, local customers, windrow job for the state, L and L Redi-mix, and Adams Redi-mix.

Gates: We have been pumping road gravel trying to keep county and local customers happy. We have a big job out of the Gates pit for Adams Feed Lot that is half-way done, then asphalt picked up a job in Custer County that we need to start getting pre-crushed on the ground for. Drivers have been hauling to Adams Feed Lot, county maps, local customers, and to Broken Bow Redi-mix.



Flooded road going down to the Rotary at the Indianola pit

Indianola: Pumping pre-crush for three asphalt jobs and if everything goes right, we should have it all on the ground in the next couple of weeks. We should have been done pumping it, but with all that rain it flooded the pit out so we were down. Drivers are hauling to local customers and into the McCook Redi-mix plant.

We did something this year that we have not done in the past. Vogt trucking company, who supplies limestone for redi-mix, bid on a couple of Lancaster County jobs and won. So, in one week they hauled 2,500 tons of limestone to Lexington and hauled road gravel back. Then the next week, they hauled in another 2,500 ton splitting between Holdrege, Lexington, Cozad, and hauling road gravel back. They had around 15 to 20 trucks running every day until the job was completed. If you drive on any Lancaster County roads in the near future, that could be Paulsen, Inc.'s gravel!

There is still a lot of road gravel and pre-crush that needs to be hauled down into Kansas for Venture. That job is getting split up between Elm Creek and Lexington. Please be safe and thank you for all your hard work and dedication.

Safety Carlos Avalos

Summer is already here and with it the heat that naturally accompanies the season. With that in mind, please ensure that everyone is taking precautions regarding heat related illnesses at the jobsites. Note that when the body is unable to maintain a normal temperature, heat illnesses can occur and may also exacerbate existing health conditions. Remember to stay hydrated (drink plenty of water even if you are not thirsty), and to take breaks, in shaded or cool locations whenever possible, to recover from heat given the temperature, humidity, and conditions. To help you stay hydrated at the worksite we are also continuing to stock electrolyte mix packets at the office over the summer months, it is available upon request. You can also let your supervisor, or a safety team member know if you need water and/or electrolyte mix brought out to your location. If water is not being provided at your jobsite, please let us know.

At this time, I would also like to take the opportunity to discuss another topic that has become more prevalent in recent years. As we know, cell phones are useful instruments that give us instant access to communication and information and when used properly, they can make our lives easier and more enjoyable. However, when used improperly or at the wrong moment, these same devices may also expose us to potential serious injuries and/or catastrophic incidents. The use of cell phones and other handheld devices can hinder our ability

to recognize and react to immediate hazards, such as nearby operations, equipment, and traffic. We must ensure that we are not distracted in any way at our worksites and that we always remain focused on our tasks and our

surroundings at all times.

Lastly, make certain that all accidents, injuries, and hazards are reported to your supervisor and a member of the safety team without delay. If the situation requires, contact the proper authorities or emergency personnel immediately. Also, make sure to submit a completed incident report to the safety department within 24 hours of an event. Do not be afraid to contact Scott: (308)-325-1344, Jacob: (308) 325-9825, or myself (308) 529-5470 if you have any questions.

Please continue to work safely and do not forget to stay hydrated! I look forward to seeing everybody out on the jobsites, stay safe this summer!

Asphalt Brett Wolf

Spring has produced extremely harsh thunderstorms on the majority of our projects, especially the Enders South and Palisade US-6 projects with record amount of rain. The summer heat over the last couple of weeks has finally shown up. Please be aware of lighting and tornados produced by summer storms.

We added two projects since the last Paulsen Pride article. STP-S56A, I-80 South of Maxwell for 2024 and N-70, Broken Bow East for Fall 2023/Spring 2024.

Randy and Dylan's crew have completed Culbertson South, North Platte East Bridge, and the asphalt paving portion of the Enders South project. The crew is currently finishing asphalt paving on Palisade on US-6. The crew will begin work on Cambridge South N-47 in July. Once completed, the plant will move to Cozad for Dawson and Custer County work. The plant will finish up on the Broken Bow HWY-70 project which will be completed in the spring of 2024.

Tom & Seth's crew finished the Roscoe to Ogallala asphalt shoulders on Paving's project. Projects from last year include Mullen South and Tryon North, both should be finished with asphalt in June. Once finished the plant will move to O'Neil for two projects on HWY-20 and HWY-281.

Thank you for your hard work during the extreme weather so far this season. Please stay safe and alert while working on the busy HWY projects for the remainder of the season.



Flooding at Palisade on May 26th (12" of rain overnight).

Ready Mix Brian Engel

Hope everyone has had a productive spring and ready to head into the summer months. The RM division has had a couple very busy months. We have finished the large white-topping job between Ogallala and Roscoe on Highway 30, and are close to completion on the Hog Building and Valentine projects.

We have moved and set up a plant to supply the Aurora airport job and have two other jobs in the works for the two plants in Valentine. The portable plants look to be busy all year, our permanent plants appear to have plenty of work lined up as well.

Cozad is supplying the school additions and Darr Feedlot. Lexington will be doing the crossovers on I-80 and some commercial projects around town. Gothenburg is just finishing up the paving project and are deep into the Wearparts and Impact Center jobs. Broken Bow and Arapahoe are keeping busy with local work. Holdrege is supplying an expansion job at BD and Franklin has some bridge and box culvert work for NDOT. Ogallala is coming off the big paving job and now concentrating on a truck stop project at Big Springs. McCook is taking care of locals and awaiting the start of the new pool project. North Platte is really busy with the beef plant next door, storage units and paving about to start.



Paulsen, Inc. Golf Outing

We had a total of 9 complete four-man teams. Matt Hunke was the cook. Thank you for everyone that attended and helped out, and thank you Larry for providing food, pin prizes and drinks. Fun was had by all!

Flag Prizes:

Hole 1 - Shortest Drive in Fairway: Andrew Vang

Hole 2 - Closest Third Shot to Pin: Kane Nordmeyer

Hole 3 - Closest Tee Shot to Pin: Andrew Vang

Hole 4 - Longest Putt Made: Logan Geiser

Hole 5 - Closest Tee Shot to Restroom: Sam Anderson

Hole 6 - Closest Third Shot to Pin: Clint Walker

Hole 7 – Longest Drive in Fairway: Dan Hendricks

Hole 8 - Closest 2nd Shot to Pin: John Terwilliger

Hole 9 - Closest Shot from Off the Green: Kolten Heines



Winning Team with a 69 was Team 5 (L to R): Jed Paulsen; Brandon Winter; Dan Hendricks; Clint Walker.

Paulsen People



July Birthdays

August Birthdays

September Birthdays

ISAAC SANCHEZ	1	RAFAEL A. CUELLAR	3	ADAN SANCHEZ	3
GARY L. SMITH	1	JOSE MARTIN MENDEZ	3	LARRY PAULSEN	4
DENNIS R. FLEMING	2	SCOTT W SKALA	7	ISRAEL JACINTO	į
HERSCHEL G SMITH	2	ROGER G. CALLAN	8	FAUSTO MEJIA	6
STEVEN J. BREWER	4	ROY A CHAMBERLAIN	9	STEVEN M. KVASNICKA	7
JEFFERY E PICKINPAUGH	5	JACOB RUSH	9	JOESEPH J KAPPES	8
GARY WWENDT	5	STEVE ARMOUR	10	SKYLER E SHILL	8
JORDAN BIRGE	6	PAUL D. HALOUSKA	11	KELLY L. TONER	Ģ
ERNESTO URBAN	9	PHILLIP WALKER	11	JOSE A. LOZOYA AVITIA	10
PATRICIA PHROPER	11	JUSTIN S MORROW	12	MICHAEL W. KAPS	11
CESAR AGUADO	15	FRANCIS J. LIBRA	13	LEONARD M. HANSEN	14
DAKOTA MARSHALL	16	MARK LOWERY	13	RANDY HOCK	14
ALEJANDRO RENTERIA LINO	17	DAMIL A. REYES DUARTE	13	TYLER LEE JENSEN	14
RONALD MANNEL	19	KIRK B HLADKY	18	MICHELLE A BARNES	19
RICHARD PAUL ONTIVEROS	19	MICHAEL MANNEL	20	CHRISTOPHER FAULCONER	2
GREG GIRDNER	20	DANIEL LOZANO	21	SERGIO MENDEZ	2
GUNNER LUND	20	ROGELIO MENDEZ	21	LEON MORRIS	22
LEODEGARIO LOPEZ MENDEZ	22	ADRIAN TAPIA MERCADO	21	SETH C. BRADLEY	23
STEVE M. SWISHER	23	STEVEN REED	23	MARIO A VECCHIO	23
ANDY R JONAS	27	YOSUANY ESCALONA TORRES	24	DANNY L. KEEZER	24
FERNANDO GOMEZ BARBOZA	28	JUAN C JIMENEZ ORTEGA	24	DELORES J DELIMONT	2
OSCAR OCAMPO DEL PINO	30	ABEL ALVIDREZ	25	CHAD BILTOFT	26
		CHARLES A. DeWOLF	27	DALE BLACKMAN	26
		GARETH C. GILES	28	JASON M. FISHER	29
		MICHAEL J SCHROLL	28	ALLAN M. BRAY	30
		JAMES W. NEAL	29	AUNER AAROLDO YANES CABRERA	30



THANK YOU FOR YOUR YEARS OF SERVICE!

30 Years

15 Years

STANLEY E UNDERWOOD

KELLY R. McCOY

EDGARDO HERNANDEZ

10 Years

GARY WWENDT

5 Years

TIMOTHY N BOHLEN

More Paulsen People



Congratulations

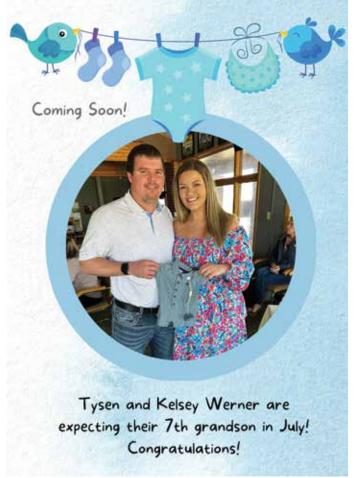
Michael Kaps

(Asphalt Department) for Employee of the Year and

Steve Brewer

(Gravel Department) for Operator of the Year.

Good work gentlemen!



AS WE ENTER OUR BUSIEST SEASON...

Just a reminder that Paulsen, Inc. is always looking for great employees!

Do you know someone who would be a great fit to join one of our hard-working teams?

Send them our way!

paulseninc.com/employment



Congrass of to the Class of 2023!



Broden Dean Eustis - Farnam



Conner McCoy Gothenburg



Kinsley Girdner Cozad



Mason Whitmore Leigh



Carter Tilson Cozad



Korbee Wendt Leigh



Ryley Collins Eustis - Farnam



Summer Buss Adams



Christian Holbrook Lexington

We are so proud of your accomplishments and wish you the best moving forward.





Maddux Essex Cozad



Post Office Box 17 Cozad, NE 69130

www.paulseninc.com

ADDRESS CORRECTION REQUESTED

Paulsen PRIDE is about You!

Do you have news to share like weddings, new babies, graduations or other honors?

We want to know!

Please contact Jane German at 308-784-3333 or email her directly at jgerman@paulseninc.com

Remember, you can view the Paulsen PRIDE online at www.paulseninc.com



You are the best, you can do

everything. You can be

everything you want to be. You

are a smile. You are a rainbow.

so happy that you call

our life, now do my a

please stay? You're

Better than anything else or

anyone else. ... better than

nything else or anyone else.